

8 Discipline hacks to get hubby on board

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1. **Discuss differences of opinion behind closed doors**
2. **Create a signal for discussion**
3. **Validate his point of view (don't nag)**
4. **Come to a unified compromise**
5. **Allow him to lead and back him up**
6. **Schedule regular planning strategies**
7. **Maintain consistency when agreeing to a plan**
8. **Get wise counsel**

Wise counsel from 6 different moms

Don't voice disagreements in front of the kids

My husband and I have both been in situations where we disagreed with each other about rules and expectations for our children and how to enforce them. We have both made the mistake of voicing our disagreement in front of the kids and even telling the child to do the opposite.

*When we disagree, it's important not to undermine the authority of the other parent. When you and your husband are in disagreement, it helps to remember what your **shared values are**, express how you feel and come to a place where you can empathize and meet each other's needs. At the same time, this will model to your children how to respectfully respond when they are asked to do something they don't agree with.*

When emotions run high, my husband and I made an agreement to politely ask if we can "talk in the other room for a moment" and discuss the matter in private. This gives us a chance to understand the reasoning behind a discipline strategy and come to a compromise if necessary.

Valerie Murray, www.ValerieMurray.com

Create a signal

*Because my husband worked away from home he often had to 'catch up' with where things were at both from a process aspect, but more importantly from a heart perspective. We created a little signal that if we wanted to interject with what they were saying to a child, we would **tug on our ear and make eye contact** (probably raise our eye brow too just to make sure the 'secret code' got through). Whoever was speaking to the child at that point would just excuse themselves with "I am just going to catch up with your mum/dad for a moment – I need to you to think about what just happened". I'm sure our kids saw through this but it gave us a way to parent together when often we went each out on a limb by ourselves.*

Belinda Letchford www.livelifewithyourkids.com

Plan proactively

*We regularly sit down to talk about parenting plans. It has been helpful to come up with a plan ahead of time for our kids for discipline so we can follow the plan. **Bringing up Boys** and **Shepherding a Child's Heart** have been helpful and we have also gone through **Growing Kids God's Way**.*

This is so hard and definitely a struggle! During a really difficult season with our strong-willed child, I met with a mentor who gave me practical tips. I then talked to my husband about them and we committed to that plan. Many times parents get into trouble because they are constantly changing up the plan of attack so the child has no idea what to expect.

Keri Snyder, KeriLynnSnyder.com

Back him up when he responds

Sometimes it's just gonna work that way...mom and dad aren't gonna be on the same page. Or worse: reading the same playbook! I wrote about this once before (maybe time to revisit it...) in this post "[What Mom Can Do When Dad Won't Discipline...](#)":

Do all you can to back him up when he DOES respond, or request your involvement – *I know, I know, you may be thinking "But I already..." Well, this may be harsh, but "So what?" It may not be the ideal dream solution you were hoping for or expecting, but if he asks you to do*

something, and then you follow through, you're showing him you DO trust him to handle things, and maybe next time he'll be willing to move on his own solution.

Pat Fenner, PatandCandy.com

Allow him to make the call

*Not having the same ideas about how to discipline is a challenge. It can really threaten unity as a couple (**makes you feel like you're against each other rather than on the same side**). We have to remember that we ARE on the same side and want the same thing for our kids – that they learn to love God and His ways. But we are two different people with different backgrounds, perspectives, and approaches to problem solving.*

*I have to remind myself that my way isn't always right and his isn't always wrong; they're just different. We can have lengthy discussions of what the underlying issue seems to be and how to address it. Sometimes, we do agree. My husband always listens to my input even if he doesn't agree with it. Then he decides to go with my suggestions or stick with his own. **I don't always like that, but He is the leader of the home. Someone has to make the final call. I have to trust that God is leading our family through Him.***

*I always support his decisions in front of the kids even if it's not what I would have done. Sometimes, I am pleasantly surprised and realize that he really did know what he was doing! Other times, it doesn't go so well. **That's OK too . . . none of us are perfect; we're all still learning how to do this parenting thing.** I don't say, "I told you so." I try to encourage him that it's an opportunity to learn and make different decisions next time.*

If I do hear him in the midst of a discussion that is really going badly, I simply ask if I can talk to him for a minute. Then we can go away from the kids and I have a chance to ask if he's considered certain aspects or make a suggestion of a different way to approach the situation.

Abi from Joy in my Kitchen

Take a look at the big picture

*There have been many times in our 16 years of marriage that I have been frustrated by the fact that my husband and I are not on the same page in regards to parenting tactics and/or discipline issues. But when I'm completely honest, I will admit that the frustration is less about us not being on the same page and **more about him not doing it my way**. I have ideas on how I think we should handle parenting situations – ideas I think are good and valid. They may be the ways my parents raised me or, quite intentionally, the way they did not. However, as human beings, it is our nature to think our ideas are pretty great.*

*In addition to good conversations regarding our vision for parenting our children well, (tip: these conversations are always more successful when we're not in the heat of a parenting decision!) **some of my biggest success in not being frustrated with our, at times, differing parent styles, has been realizing that it's ok**. Our differences really are okay! It's ok that God gave these kids of ours two parents who love them well and see the world differently at times. It's okay that one parent gives a little more grace or allows a little more screen time, indulges in more or less junk food, and handles conflict differently. Many of the issues that frustrate us are molehills we make into mountains.*

*Clearly, there are big picture issues that spouses need to agree on, but the small, day to day techniques can be infused with grace if we give each other a bit of freedom in our parenting tactics. Chances are the **strain from our nagging is far more damaging** than our different parenting techniques will ever be.*

Katie Westenburg, [I Choose Brave](#)

I am so thankful for the wisdom these godly mamas have shared! You see, sometimes it takes an adjustment of our own heart attitudes. Take some time to read a few of their blogs and see what they have to offer. All of these gals have my utmost respect – they are the real deal!

Another resource to help reroute your temper

As a mid-empty nester, I thought my own bout with temper was over. Then, my strong-willed grandson appeared on the scene and I was the babysitter.

One day I had a meltdown. In fact, I'm including a FREE [copy of the first chapter of my book](#) for you to read. You'll see what I mean.

I began to search the Scriptures and pray over how to conquer my temper. Next, I put what I learned to use and then taught it to a group of eager moms. That's how my book, [Count to Nine; 9 Liberating Steps for Mom Frustration and Anger](#) was born.



COUNT TO NINE
9 Liberating Steps for Mom Frustration and Anger
By Ruthie Gray

- The surprising reasons behind your anger
- The mind-blowing truth of God's view on anger
- One eye-opening tactic for changing your reactions
- How the staggering power of unbelief can keep you from change
- How to triumph through one key attitude adjustment
- How to gain victory over a lifelong stronghold

COUNT TO NINE is a ministry of MTO and RearReleaseRegroup.com

I overcame my temper with God's help (and am still being sanctified, praise God). Today, you have a **choice to take certain measured, tested steps to overcome not just your yelling**, but the underlying reasons behind it - your anger.

[Count to Nine; 9 Liberating Steps for Mom Frustration and Anger](#) will help you overcome mom-rage. Take a moment to read the testimonies from moms who've used this powerful devotional tool to revolutionize their lives!

A CASE STUDY ON MOMS

[Count to Nine; 9 Liberating Steps for Mom Frustration and Anger](#), was first *tested on a beta group of moms*:

*This ebook is packed full of biblical exhortation, heartfelt hope and simple action plans that will set you up to **successfully tackle and tame your temper**. If you're ready to stop wishing you wouldn't blow up and start developing new habits, this is the resource you've been waiting for!" ~Abi from [JoyInMyKitchen.com](#)*

***Count to Nine** gave me hope and the practical tools I needed to implement change. Weary moms will learn how God provides the strength and ability to obey Him in our reactions to frustrating circumstances." ~Valerie from [Cordof6.com](#)*

*Each chapter has a Bible verse, a plan of attack, and questions to reflect on in prayer. This book is the **perfect support and encouragement in your journey to tame your temper** – all it needs is you, ready to grow and change!" ~Jessica from [SweetLittleOnesBlog.com](#) (designer of the **COUNT TO NINE** printable journal)*

*Oh my goodness, never have I read a book that impacted my parenting as much as this one did! The **pillar scriptures are powerful and the author's tips helped me find calm in my most challenging parenting moments**. If you struggle with anger, frustration, or yell at your children, this book will revolutionize your parenting journey! Jennifer Bly, [The Deliberate Mom](#)*

*As a **mom to a young adult, a teenager, and a grade schooler**, I can say the advice in this book works, no matter what stage of parenting you're in. Ruthie writes from the perspective of a mom who has been there in the trenches of anger. She's genuine and teaches from a position of experience, not from a position of perfect parent. You'll definitely be able to relate to her! Lynnae of [LynnaeMcCoy.com](#)*

PURCHASE THE BOOK

THEY FOUND THE ANSWERS IN THIS BOOK

Since first published in July, 2016, [*Count to Nine; 9 Liberating Steps for Mom Frustration and Anger*](#) has transformed moms across the country into conquering anger!

Moms who had given up.

Moms who believed victory over the temper was impossible.

Moms just like you - yearning for freedom from the ugliness and shame of mom rage.

Mama, this book is FOR YOU. It is FULL of Scripture, and it points the way to overcome not only anger, but any stronghold through Christ.

In short, *this book is the answer.*

Because it's *full of God's answers - straight from His Word.*

You need [*Count to Nine; 9 Liberating Steps for Mom Frustration and Anger*](#) to help you become a graceful mom.

Make time to read the free chapter - that one small decision could be the start to a whole new way of motherhood for you as you begin the path to *Count to Nine*

This *Stepping Stones Series* will help steer you towards the truth of what God's Word says about overcoming our failures.

But if you're struggling with anger toward your kids (or hubby, or family members), you need the entire foundation.

And the foundation is in my book. Filled with POWER-PACKED Pillar Prayers, Plans of Attack, and heart actions, this book is the Biblical perspective to anger you've been waiting for.

These principles changed me from frenzied to controlled, and equipped countless moms in the trenches ([*read here for how*](#)). I believe *it will change you too.*

PURCHASE THE BOOK

I'll be back in your inbox soon with a word of encouragement (and a few more goodies – like the *Wife and Mommy Survival Kit!*).

Be encouraged, mama. God's Word says we have everything we need to live according to His will. I'm praying for you!

Capturing joy,

Ruthie

[Rear Release Regroup](#)